

# **Primary Care Women's Health Faculty Development Year**

## **PROGRAM MANUAL AND EDUCATIONAL CURRICULUM**

Educational Director: Ann Klega, MD

## **INTRODUCTION**

### **National Need**

While many family physicians do not choose to provide maternity care, others offer a full scope of services, encompassing pre-and post-natal care and deliveries (including Cesarean sections). For those family physicians practicing in underserved and isolated areas, the provision of maternity care may be essential.

### **Mission**

Provide primary and preventive care for women's health care needs, with an emphasis on reproductive lifecycle needs. During this faculty development year, we will provide you with a solid foundation of knowledge and skills to address these gender-specific health care needs.

### **Philosophy**

The lives of women will only become better when the health needs of professional training imbues a holistic, comprehensive strategy for caring for women. An optimal comprehensive training program in women's healthcare is best achieved in a robust multidisciplinary setting that nurtures excellence in educational innovation, clinical care, research endeavors, advocacy for patients, and mentorship.

### **Goals**

1. Optimize women's health care by teaching how to recognize and address unique gender-based differences in their individual patients and the population
2. Foster the development of the next generation of physician leaders in women's health education, care and research.

### **Women's Health Care Competencies**

1. Develop the necessary knowledge and skills to provide competent office -based gynecologic care to women and adolescents.
2. Become competent in low risk obstetrical care, including caesarean sections.
3. Develop skills to recognize and provide medical care to patients with eating disorders.

## **CURRICULUM OVERVIEW**

### **Curricular Goal**

As a family practitioner in general practice, when presented with an adult patient, Jr. Faculty will assess and treat their patients with respect to the gender-specific physical, psychological and cultural needs of women and men.

### **Curricular Structure**

To accomplish the curricular goal, the curriculum will span one year and consist of 13 units. These units will cover diverse subject matter, blending gender-specific information into existing, traditional learner experiences.

**Table 1: 13 Required Rotations (4-week blocks)**

| Months | Rotations | Description   | Faculty            |
|--------|-----------|---|--------------------|
| 6      | GYN       | Inpatient, ER, outpatient GYN - surgical procedures, ultrasounds, pelvic pain, infections, ovarian cysts/masses, abnormal uterine bleeding. | Dr. Owens          |
|        |           | Outpatient gyn – procedures, preventative care, contraceptive management, colposcopies, menopause.  | Drs. Klega, Doan   |
| 6      | OB        | Labor & delivery, maternal fetal medicine. Prenatal and Initial OB clinics  | Loch Haven Faculty |

**Table 2: Longitudinal Curriculum**

|   |  |
|---|--|
| <b>Primary care in the office</b>             | <ul style="list-style-type: none"> <li>Weekly office hours for prevention, immunization, acute and chronic care of children, adults and seniors, prenatal care</li> </ul>  |
| <b>Outpatient Gynecology</b>                  | <ul style="list-style-type: none"> <li>Menopause, incontinence, abnormal bleeding, ovarian cysts, abnormal pap smears, STIs</li> </ul>   |
| <b>Inpatient Obstetrics and Gynecology</b>    | <ul style="list-style-type: none"> <li>Labor &amp; delivery – vaginal deliveries, C-sections, tubal ligations, evaluation of labor/preterm labor and other complications</li> <li>High risk OB – multiple gestation, preeclampsia, preterm deliveries, PPROM, incompetent cervix, advance maternal age, fetal anomalies, etc.</li> <li>Gynecology – inpatient consults and ER calls (abnormal bleeding, ovarian masses, ectopic pregnancies, spontaneous abortions, PID/TOA, etc.)</li> <li>Weekly calls for OB &amp; GYN</li> </ul> |
| <b>Underserved and vulnerable populations</b> | <ul style="list-style-type: none"> <li>Monthly participation at the Community Medicine Clinic to see uninsured patients with gynecologic conditions</li> <li>Weekly participation at Community Medicine Clinic to see uninsured patients for prenatal care</li> <li>Annual mission trip for cervical cancer screening and treatment of dysplasia</li> </ul>  |
| <b>Didactic experience</b>                    | <ul style="list-style-type: none"> <li>Weekly research methodology (optional)</li> <li>Weekly general gynecology didactics</li> <li>Monthly Grand Rounds</li> <li>Attend periodic local seminars and grand rounds pertaining to women’s health</li> <li>Attend one national conference addressing Women’s Health</li> </ul>  |
| <b>Residential Eating disorders</b>           | <ul style="list-style-type: none"> <li>Provide physician support for the Center for Discovery, a residential treatment center for adolescents with eating disorders.</li> </ul>  |
| <b>Scholarly Activity</b>                     | <ul style="list-style-type: none"> <li>Jr. Faculty will lead in development and production of at least one scholarly paper in research or quality improvement project or lecture series</li> <li>2-4 presentations at FM resident didactics in the afternoons</li> <li>Optional: Local and State Lecture presentations</li> </ul>  |

**Table 3: Typical weekly schedule**

**GYN - 6 months**

|                | <b>Monday</b>                               | <b>Tuesday</b>     | <b>Wednesday</b>     | <b>Thursday</b>            | <b>Friday</b>                      |
|----------------|---|--------------------|----------------------|----------------------------|------------------------------------|
| <b>AM</b>      | CFM continuity clinic                       | Gyn inpatient      | Center for Discovery | CFM gyn clinic/ IOB clinic | CFM gyn clinic                     |
| <b>PM</b>      | Gyn didactics                               | Gyn inpatient      | Center for Discovery | FH East prenatal           | admin                              |
| <b>Evening</b> | CMC clinic for uninsured (every other week) | Gyn inpatient call |                      |                            | OB/Discovery call every other week |

**OB - 6 mos**

|                | <b>Monday</b> | <b>Tuesday</b>        | <b>Wednesday</b> | <b>Thursday</b>     | <b>Friday</b>                      |
|----------------|---------------|-----------------------|------------------|---------------------|------------------------------------|
| <b>AM</b>      | OB            | OB                    | OB               | OB                  | OB                                 |
| <b>PM</b>      | OB            | CFM continuity clinic | OB               | CMC prenatal clinic | OB                                 |
| <b>Evening</b> |               |                       |                  |                     | OB/Discovery call every other week |

Didactics at 11:00 am Monday through Thursday on L&D

**Table 4: Objectives for conditions and functions that are specific to women**

| <b>KNOWLEDGE OBJECTIVES</b>  | <b>COMPLETED</b> |
|--|------------------|
| Take a gynecologic history with special emphasis on menstrual, sexual and contraceptive history. |                  |
| Interpretation of pap smear cytology reports and management of abnormalities                     |                  |
| Management and follow-up for cervical dysplasia  |                  |
| Diagnosis and Management of dysmenorrhea   |                  |
| Diagnosis and management of abnormal uterine bleeding: ovulatory, anovulatory and amenorrhea     |                  |
| Family Planning counseling and management  |                  |
| Perimenopausal and postmenopausal care with a rational approach to HT and follow-up.             |                  |
| Management of vulvitis and vaginitis.  |                  |
| Diagnosis and treatment of sexually transmitted diseases.  |                  |
| Diagnosis and management of urinary disorders: OAB, stress, mixed, and urge incontinence         |                  |
| Diagnosis and management of Premenstrual Syndrome and Premenstrual Dysphoric Disorder            |                  |
| Differential diagnosis and management of pelvic masses.  |                  |
| Diagnosis and medical management of endometriosis  |                  |
| Diagnosis and management of Polycystic Ovarian Syndrome  |                  |
| Diagnosis and management of pelvic inflammatory disease.   |                  |
| Evaluation and management of chronic pelvic pain.  |                  |
| Pelvic pain: treatment options for dyspareunia   |                  |
| Narcotic and Non-narcotic management of acute and chronic pelvic pain                            |                  |

|   |  |
|---|--|
| Disorders of pelvic support (uterine prolapse, cystocele, rectocele, etc.)                          |  |
| Recognition and work-up of a breast mass.   |  |
| Female sexual dysfunction   |  |
| Initial infertility evaluation and management   |  |
| Vulvodynia and vestibulitis   |  |
| Recurrent pregnancy loss  |  |
| Pre-operative evaluation and post-operative care including pain management                          |  |
| Physical and Sexual abuse   |  |
| Treatment of obstetrical emergencies (ALSO course)  |  |
| Neonatal resuscitation (NRP)  |  |
| Ectopic pregnancy   |  |
| Prenatal care   |  |
| Management of labor: routine and high risk  |  |
| Postpartum care after all delivery types  |  |
| <b>SKILL OBJECTIVES</b>   |  |
| Colposcopy (50) including cervical biopsy (10) and endocervical curettage (5) High Grade Colpo (10) |  |
| Removal of small cervical polyp (3)   |  |
| Endometrial biopsy (5)  |  |
| IUD insertion and removal (5)   |  |
| Biopsy of vulvar lesion (3)   |  |
| LEEP (10)   |  |
| Subdermal implant insertion and removal (5)   |  |
| Interpret Pelvic Ultrasound in non-obstetrical patient (50)   |  |
| Vaginal deliveries (100)  |  |
| Vacuum assisted deliveries (10)   |  |
| Perform Obstetrical Ultrasound for position, AFI, gestational age (50)                              |  |
| <b>SURGICAL SKILLS</b>  |  |
| Cesarean deliveries as primary surgeon (50)   |  |
| Repair of 3 <sup>rd</sup> and 4 <sup>th</sup> degree lacerations (10)                               |  |
| Tubal ligations (20)  |  |
| Pudendal Block (5)  |  |

### Teaching Responsibilities

Jr. Faculty will interact with residents and medical students on a daily basis during obstetrics and gynecology inpatient rounds and clinic. Jr. Faculty are expected to serve as teachers and to promote student and resident education in a positive and thorough manner. Jr. Faculty will be asked to prepare 2-4 didactic lectures for the students and residents each year. In addition, Jr. Faculty will be required to participate in scholarly activity as appropriate.

### Mentorship, Evaluation and Career Development

This program will focus intensely on career development and practice management through regular mentorship and evaluation meetings. Jr. Faculty will also be evaluated by all departmental faculty, students and residents using an evaluation form. Each evaluation will be reviewed with the Jr. Faculty; both positive and negative evaluations. Evaluations will be performed quarterly based on resident portfolio, record review, faculty evaluations, checklist of performance for designated skills, procedure log, and patient evaluations. Jr. Faculty will have the opportunity to discuss progress, problems or future plans with departmental faculty and the mentor. Any problems will be addressed in a formal manner with an inquiry, discussion and plan of action that is agreed upon by the mentor and the Jr. Faculty.

### Call Duty Responsibilities

Jr. Faculty will have 4 nights of call each month on GYN, and alternating weekly home call for continuity OB and Center for Discovery.

### Training Location

Ambulatory care training takes place longitudinally AdventHealth Family Medicine at Winter Park, AdventHealth Center for Family Care, AdventHealth for Women's Labor & Delivery floor, and the Community

Medicine After Hours Clinic and local preceptor's offices. In-patient training takes place at AdventHealth Orlando campus.

### **Program Duration**

The program duration is 1 year, expected to begin the 3<sup>rd</sup> Monday of July.

### **Certification**

Non-ACGME accredited certificate of completion

### **Benefits**

Medical insurance: Family medical insurance is provided free of charge through the AdventHealth insurance plan. Physician medical care co-pay is covered in all Residency offices.

Life insurance: Life insurance equivalent \$100,000 is provided free of charge. Additional life insurance may be purchased for a minimal charge.

Malpractice Insurance: Occurrence based malpractice insurance is provided at no cost.

Vacation/Personal Time: Jr Faculty receive 22 days vacation/personal time/holidays each year and 5 days of CME.

Educational Allowance: Jr. Faculty receive a five-day leave to attend conferences and expenses reimbursed up to \$2250

Uniforms: Jr. Faculty receive two white coats.

Meals: Jr. Faculty receive meals at no cost in the physician lounge.

Professional Fees: GME provides for membership dues to the AAFP and FAFP (or AOA and ACOFP), NAMS, ASCCP along with USMLE III/COMLEX III, Florida State Medical license and DEA license fees.

A lap top computer will be provided for use during the faculty development year

Parking: Physicians receive free garage parking.

### **Jr. Faculty Selection Process**

Approval for the position of Primary Care Women's Health Jr. Faculty is a process based on consideration of the following criteria as well as a personal interview. Each applicant is evaluated individually on his or her own merits by a selection committee consisting of residency faculty members including obstetric, gynecologic and family medicine faculty, associate directors and residency director. Acceptance is based on the committee's recommendations and is not based on position availability.

Applicants considered for a position in this program are held to a high standard of clinical, academic, and leadership excellence and it is the responsibility of the selection committee to make difficult decisions between equally qualified applicants for a limited number of positions.

It is the objective of the selection committee to provide a model education producing family physicians committed to the practice of obstetrics, who serve as role models for family medicine residents and physicians and who represent the mission and principles of AdventHealth.

### **Deadline for Application**

Deadlines and other important dates for receiving applications are posted on the program website ([www.fhgme.com/programs/womens-health-faculty-development-year](http://www.fhgme.com/programs/womens-health-faculty-development-year)). After receipt of a complete application, applicants will be notified if a personal interview is required.

### **Jr. Faculty Prerequisites**

- Board certified/eligible in family medicine.
- Completed application form including references, transcripts and personal statement. For applicants from the AdventHealth Family Medicine Residency Program, this part of the application process may be abbreviated at the discretion of the selection committee.

- Possess DEA registration and Florida medical licensure. These licenses are **required** before the anticipated date of matriculation. **(Anticipate at least 6 months processing to obtain licensure from the Florida Board of Medicine.)**
- Obtain AdventHealth Medical Staff Privileges. Medical staff privileges are **required** prior to beginning Jr. Faculty position. Be able to abide by the rules of the AdventHealth Family Medicine Residency and function in accordance with AdventHealth's mission.
- Good academic performance in residency defined on the basis of standardized examination scores and clinical performance.
- Excellent leadership skills demonstrated in residency training or practice.
- Basic obstetrical and gynecologic knowledge
  - minimum of 50 vaginal deliveries (required) and 20 cesarean deliveries
  - 25 colposcopies (preferred)
  - Nexplanon certification
  - IUD insertions/removals
  - Advanced Life Support in Obstetrics

## **Contacts**

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### **AdventHealth Medical Staff Credentialing**

Medical Staff Office Credentialing  
601 E Rollins  
Orlando, FL 32803  
Tel #:(407) 303-1979

### **Florida Medical Licensure Application**

[http://www9.myflorida.com/Mqa/medical/me\\_home.html](http://www9.myflorida.com/Mqa/medical/me_home.html)

Florida Department of Health  
Florida Board of Medicine  
4052 Bald Cypress Way, BIN #CO3  
Tallahassee FL 32399-1753  
Tel #: (850) 410-3359  
Fax: (850) 488-9325

### **Drug Enforcement Administration**

[www.deadiversion.usdoj.gov/drugreg/reg\\_apps/index.html](http://www.deadiversion.usdoj.gov/drugreg/reg_apps/index.html)

United States Department of Justice  
Drug Enforcement Administration  
Tel #: (202) 307-7255